

## Sports Day

This year was my second Sports Day at Mitsuta! I think it is so interesting and fun.

In Canada, we have Track and Field Day in the spring, with racing and serious competitions, and we have a games day in the fall, called “Fun in the Sun”, with tug of war and silly competitions between the grades. We also have several pep rallies during the school year, usually before clubs or sports teams have a big competition.

I think Sports Day in Japan is a combination of all three. So in some ways it is familiar, but in other ways it is very unique! For example, a lot of the games I watched on Sports Day are games we don't have in Canada, like tossing the balls into the net on top of the pole. We also don't have performances by clubs. I especially liked the dance performance, and watching *oendan*! I think *oendan* is so cool, and so traditional. It is uniquely Japanese and a very special thing to watch, and it is an experience not many foreigners get to have.



I also had a lot of fun participating in folk dance, and being on the teacher's team for the relay. I learned a new word during the relay: *kizuna*. I think this is the true spirit of Sports Day.

I had a wonderful time! Thank you for letting me participate!!!

